



For your **FREE** delivery phone

WINTON LAWTON

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FEBRUARY 2009 PRICELIST

www.westcoastseafood.com.au

All products are sourced from Quality Assured suppliers and are processed to International Food Standards. We Guarantee the quality & freshness of all our products.

FISH FILLETS - CUTLETS - WHOLE FISH

Whiting - Cold Water NZ	\$16.00 kg	Nth West Snapper	\$34.00 kg
Silver Snapper	\$18.00 kg	Orange Roughy	\$35.00 kg
Pacific Dory (Royal Bassa)	\$19.00 kg	Dhufish	\$55.00 kg
Red Spotted Emperor	\$24.00 kg	Whole Snapper from	\$12.00 kg
Barramundi	\$24.00 kg	Salmon Side (<i>random weight</i>)	\$29.00 kg
Shark	\$24.00 kg	Salmon Portions (200g ea)	\$35.00 kg
Grouper	\$26.00 kg	Smoked Salmon Side	\$39.00 kg
Coral Trout	\$27.00 kg	Swordfish Cutlets	\$32.00 kg
Pearl Perch	\$29.00 kg	Tuna Steaks	\$32.00 kg

PRAWNS

Marinated Prawn Meat (<i>garlic, chilli or lime/coriander</i>)	\$17.00 500g	Raw Prawn Meat Med/Large	\$32.00 kg
Cooked Cocktails	\$20.00 kg	XLarge Raw Prawn Meat	\$35.00 kg
Cooked Exmouth Endeavours	\$24.00 kg	XLarge Cooked Prawn Meat	\$35.00 kg
Raw Northern King	\$24.00 kg	XLarge Cooked King Prawns Whole	\$39.00 kg
Prawn Skewers (<i>20 per pack</i>) (<i>sweet chilli or garlic/herb</i>)	\$32.00 kg	XL Raw King Prawns Whole	\$42.00 kg

CRUMBED SEAFOOD

Fish & Chips (5 fish & 1kg chips)	\$17.00 pk	Crumbed Fish Fillets (10 fish)	\$17.00 kg
Garlic Prawn Cutlets 500g	\$16.00 bag	Crumbed Squid Rings	\$17.00 kg
Fish Nuggets	\$17.00 kg	Salt & Pepper Squid	\$21.00 kg
Fisherman's Basket (<i>garlic prawns, fantail prawns, fish, squid, scallops, fish nuggets</i>)			\$30.00 pk

MISC

Mussels Whole (NZ)	\$8.50 kg	Oysters ½ shell 2doz	\$28.00
Mussel Meat (NZ)	\$17.00 kg	Scallop Meat	\$37.00 kg
Squid Tubes	\$17.00 kg	Moreton Bay Bug Tails	\$45.00 kg
Seafood BBQ Pack (<i>prawns, fish, squid, scallops, mussels, feeds 4</i>)			\$30.00 pk

QUICK & EASY SNACK FOODS

Family Meat Pie (beef)	\$14.00 ea	Meat Balls	\$17.00 kg
Family Meat Pie (chicken & vege)	\$14.00 ea	Cottage Pie Toppers	\$17.00 pk
Chicken Nuggets	\$17.00 kg	Mini Spring Rolls pack	\$17.00 pk
Chicken Sweet Chilli Tenders pack	\$17.00 pk	Gourmet Beef Burgers	\$17.00 pk
Chicken Wings & Drums (<i>spicy or mild</i>)	\$17.00 pk	Pizza Slabs	\$17.00 pk
Chicken Breast Fillets pack	\$17.00 pk	Roasted Chicken Meat	\$17.00 kg

DESSERTS

Cheese Cake Honey 1kg	\$21.00	Apple Pie 2kg	\$24.00
Cheese Cake Strawberry 1kg	\$21.00	Pecan Pie 1kg	\$25.00